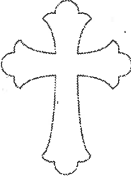
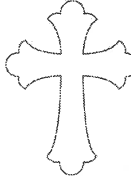
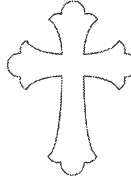
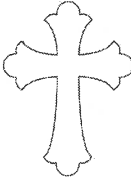
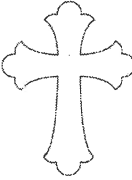
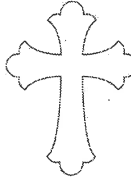
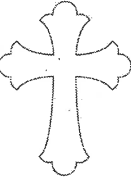
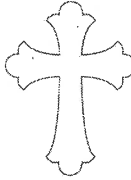
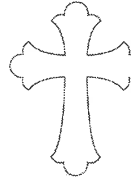
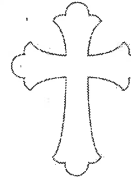
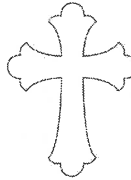
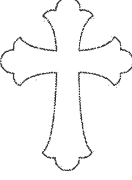
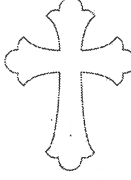
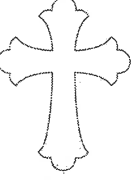
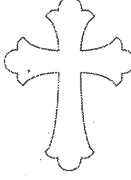
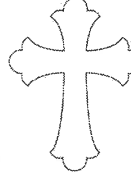
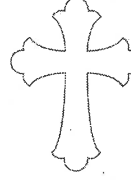
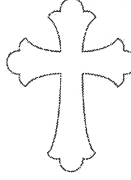

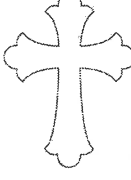
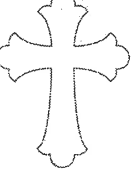
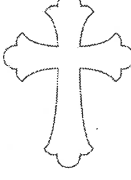
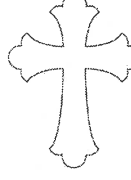
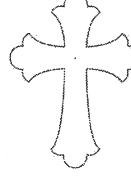
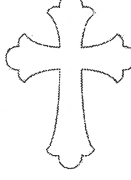


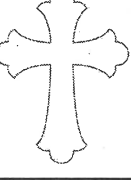
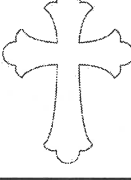
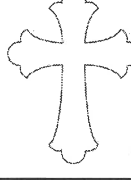
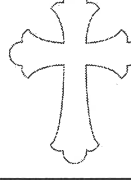

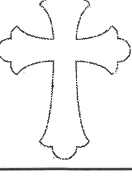
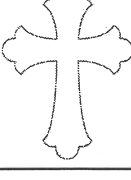
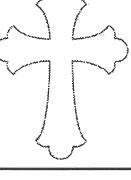
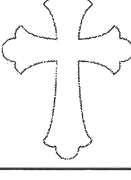
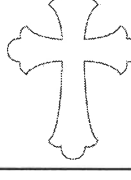
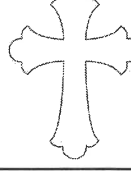
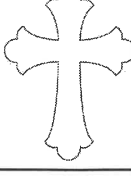
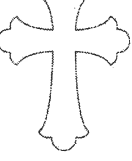
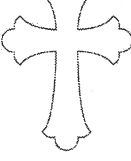
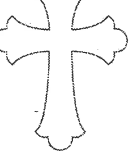
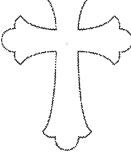
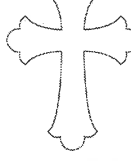
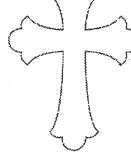
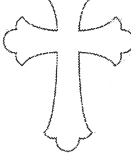


My Lenten Calendar 2022 40 Crosses for 40 Days

During this Lenten season, I will show my love for Christ by doing something for Him or others each day. To show what I have done, I will color a cross each day to match one of the Lenten Actions Ideas on the reverse side. I can also use some of my own ideas.

Green Cross – I said an extra prayer
Purple Cross – I helped someone

Red Cross – I did something that was hard for me to do
Yellow Cross – I did something good without being told

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Mar 2 	3 	4 	5 
6 	7 	8 	9 	10 	11 	12 
13 	14 	15 	16 	17 	18 	19 
20 	21 	22 	23 	24 	25 	26 
27 	28 	29 	30 	31 	Apr 1 	2 
3 	4 	5 	6 	7 	8 	9 
10 	11 	12 	13 	14 	15 	16 

Please see reverse side for Lenten Action Ideas

Lenten Action Ideas

- Make a prayer table in your home.
- Collect branches for a vase on your prayer or dining table. Why do we have branches during Lent instead of flowers?
- Make a prayer card for your prayer table.
- Read a devotional as a family.
- Start a “giving jar” and collect money to donate to a mission.
- Tell a friend about Jesus Christ today.
- Read (or ask a parent to read to you) Mark 12:30-31. How can you do this?
- Go outside and look around you. Thank God for His beautiful creations.
- Pray for our world leaders.
- Make a card for someone who is sick or having a hard time.
- Tell your teachers THANK YOU for all they do.
- Read (or ask a parent to read to you) John 10:3-5. Who are the sheep?
- Share what you are grateful for at dinner.
- Donate clothes and toys you do not use to a charity.
- Read (or ask a parent to read to you) Matthew 7:12. How can you do this for someone?
- Take a walk with your family. Say a prayer on your walk.
- Invite a friend to church.
- Pray for peace in our world.
- Read (or ask a parent to read to you) John 8:12. What does Jesus mean by “light of life?”
- Tell your parents how special they are.
- Thank a person who sings in a choir. God loves music!
- Make a card and send it to a friend or relative.
- Thank God for the person you made the card for yesterday.
- Read (or ask a parent to read to you) Isaiah 9:2. Do you know a song about this?
- Give someone a compliment.
- Sing a song about Jesus.
- Pray for the homeless. Purchase bottled water to give away to homeless people.
- Say something nice to each person in your family.
- Donate food to a local food pantry or the baskets in the Great Hall.
- Say the Lord’s Prayer. Ask someone to help you look it up in the Holy Bible (Matthew 6:9-13) or the Book of Common Prayer (p. 364).
- Read (or ask a parent to read to you) Isaiah 9:6. What are some other names for Jesus?
- Clean up something or do a chore at home without being asked.
- Call a Godparent or Grandparent and tell them you love them.
- Make a list of five things you are thankful for. Thank God for them.
- Do something nice for someone you are not very close to.
- Thank a priest (in person or send a card/email) for their devotion to our church.
- Read (or ask a parent to read to you) Psalm 119:105. What did you hear?
- Give up sweets for the day.
- Thank someone who has helped you with something.
- Create a piece of artwork that gives glory to God.