The Marriage of Formation and Evangelism
Episcopal Diocese of Alabama

Lisa Kimball, Ph.D. & the Rev. Dr. Tricia Lyons
“I think we’ve waited for Aslan long enough.”
What is Faith Formation...

Hear, O Israel: The Lord is our God, the Lord alone. 5 You shall love the Lord your God with all your heart, and with all your soul, and with all your might. 6 Keep these words that I am commanding you today in your heart. 7 Recite them to your children and talk about them when you are at home and when you are away, when you lie down and when you rise.

Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.’

Matthew 28:19-20

Equipping people to live as disciples of Jesus
A healthy church makes disciples who make disciples
What is Evangelism ...

Be prepared to give an answer for the hope that you have. 1 Peter 3:15

They will know you are my followers by my love for one another. John 13:35

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, “This is my body that is for you. Do this in remembrance of me.” In the same way he took the cup also, after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me. 1 Cor.11:23-25
What is Evangelism ...

Remember Episcopal Evangelism MATH!

Matthew 25 + Matthew 28 = Matthew 10

“Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, ‘The kingdom of heaven has come near.’ Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment...

As you enter the house, greet it. If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town.”
Maria Harris – *Vocation of the people of God*

Koinonia

Leiturgia

Didache

Kerygma

Diakonia
Faith is ...

- Experienced
- Affiliative
- Searching
- Owned

Adapted from *Will Our Children Have Faith* by John H. Westerhoff (1976)
Two Dimensions of Formation:

**MACRO FORMATION**
(ongoing life of the church, worship, fellowship, teaching, service, witness, lifelong, life-wide, life-deep, metabolism of a baptized community)

**MICRO FORMATION**
(deep-dive, intentional bursts of focused, context-specific faith intensification)
MACRO Formation:

ongoing life of the church, worship, fellowship, teaching, service, witness, lifelong, life-wide, life-deep, metabolism of the community
MICRO Formation:

intentional bursts of focused, context-specific faith intensification
MACRO +/- MICRO FORMATION:

Macro **without** Micro = people are stuck or adrift

Macro **WITH** Micro = mountain-top experience

**catechumenate**

Macro **WITH** Micro rhythm applies beyond “church” to DAILY LIFE
Images from CO presentation #1
FOOD PYRAMID

JUNK FOOD, SWEETS
SUGAR DRINKS

MEAT, POULTRY,
SAUSAGE, FISH

MILK, CHEESE, EGGS

VEGETABLES

FRUITS

BREAD,
CEREAL,
PASTA
Exercise
- Adults should be physically active for at least 30 minutes most days of the week, children for 60 minutes.
- Sixty to 90 minutes of daily physical activity may be needed to prevent weight gain or sustain weight loss.

New Food Pyramid

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>Grains</th>
<th>Vegetables</th>
<th>Fruits</th>
<th>Milk</th>
<th>Meat and beans</th>
</tr>
</thead>
<tbody>
<tr>
<td>RECOMMENDATION</td>
<td>Half of all grains consumed should be whole grains.</td>
<td>Vary the types of vegetables you eat.</td>
<td>Eat a variety of fruits. Go easy on juices.</td>
<td>Eat low-fat or fat-free dairy products.</td>
<td>Eat lean cuts, seafood and beans. Avoid frying.</td>
</tr>
<tr>
<td>DAILY AMOUNT</td>
<td>6 oz.</td>
<td>2.5 cups</td>
<td>2 cups</td>
<td>3 cups</td>
<td>5.5 oz.</td>
</tr>
</tbody>
</table>

Recommended nutrient intakes at 12-calorie levels can be found on mypyramid.gov.
What feeds your faith in a day?
Fill in this pocket card and take it home...
GO!
Alleluia! Amen.